# **STABLE** Characteristic: Unadapting

| Mental<br>Factors | Inner<br>Participation | Motion<br>Factors | Inner<br>Quests | Elements        | Externalised<br>Drives | Negatives |
|-------------------|------------------------|-------------------|-----------------|-----------------|------------------------|-----------|
| INTENDING         | SENSING                | WEIGHT            | WHAT            | LIGHT/STRONG &  | DOING                  | HEAVY     |
| ATTENDING         | THINKING               | SPACE             | WHERE           | FLEXIBLE/DIRECT | SPELL                  | ADRIFT    |

A Time Stressed Stable Character will have outers of Near and Awake.

A Flow Stressed Stable Character will have outers of Remote and Adream.

| Subconscious Motive<br>Physical Tempo | Shadow Moves | Shorthand      | Outer Interpretations                                   |
|---------------------------------------|--------------|----------------|---------------------------------------------------------|
| Punching                              | Strong       |                | Commanding demonstration of a bold resolve.             |
| _                                     | &            | Commanding     | or                                                      |
| Pressing                              | Direct       |                | Commanding Acceptance of a bold resolve.                |
| Flicking                              | Light        |                | Receptive acceptance of a welcoming tenderness.         |
|                                       | &            | Receptive      | or                                                      |
| Floating                              | Flexible     |                | Receptive rejection of a welcoming tenderness.          |
| Wringing                              | Strong       |                | Developing intention to cast a spell binding power.     |
|                                       | &            | Practical      | or                                                      |
| Slashing                              | Flexible     |                | Developing intention to submit to a spell binding power |
| Dabbing                               | Light        |                | Cautious expression of a gentle deference.              |
|                                       | &            | Self Contained | or                                                      |
| Gliding                               | Direct       |                | Cautious Acceptance of a gentle deference               |

# MOBILE Characteristic: Adapting

| Mental<br>Factors | Inner<br>Participation | Motion<br>Factors | Inner<br>Quests | Elements        | Externalised<br>Drives | Negatives  |
|-------------------|------------------------|-------------------|-----------------|-----------------|------------------------|------------|
| INTUITING         | DECIDING               | TIME              | WHEN            | SUSTAINED/QUICK | PASSION                | INDECISIVE |
| FEELING           | ADAPTING               | FLOW              | WHY             | & FREE/BOUND    | VISION                 | IRRELATED  |

A Weight Stressed Stable Character will have outers of Near and Adream.

A **Space** Stressed Stable Character will have outers of **Remote** and **Awake**.

| Subconscious Motive<br>Physical Tempo | Shadow Moves | Shorthand      | Outer Interpretations                                          |
|---------------------------------------|--------------|----------------|----------------------------------------------------------------|
| Punching                              | Quick<br>&   | Unacknowledged | Concealed sudden decision accepting an unacknowledged feeling. |
| Slashing                              | Bound        |                | or                                                             |
|                                       |              |                | Concealed sudden decision denying an unacknowledged feeling.   |
| Gliding                               | Sustained    |                | Slow revelation of enjoying affection.                         |
|                                       | &            | Acknowledged   | or                                                             |
| Floating                              | Free         |                | Slow revelation of evading affection.                          |
| Dabbing                               | Quick        |                | Sudden revelation accepting ardent sympathy.                   |
|                                       | &            | Revealed       | or                                                             |
| Flicking                              | Free         |                | Sudden revelation rejecting ardent sympathy.                   |
| Wringing                              | Sustained    |                | Slow decision in favor of a frigid self assertion.             |
|                                       | &            | Concealed      | or                                                             |
| Pressing                              | Bound        |                | Slow decision against of a frigid self assertion.              |

### **NEAR** Characteristic: Relating

| Men   | tal  | Inner         | Motion  | Inner  | Elements        | Externalised | Negatives  |
|-------|------|---------------|---------|--------|-----------------|--------------|------------|
| Facto | ors  | Participation | Factors | Quests |                 | Drives       |            |
| SENS  | ING  | INTENDING     | WEIGHT  | WHAT   | LIGHT/STRONG &  | DOING        | INDECISIVE |
| INTUI | ΓING | DECIDING      | TIME    | WHEN   | SUSTAINED/QUICK | PASSION      | HEAVY      |

A Flow Stressed Stable Character will have outers of Mobile and Adream.

A Space Stressed Stable Character will have outers of Stable and Awake.

| Subconscious Motive<br>Physical Tempo | Shadow Moves | Shorthand     | Outer Interpretations                                        |
|---------------------------------------|--------------|---------------|--------------------------------------------------------------|
| Punching                              | Strong       |               | Sudden aggressive intention towards a materialistic desire   |
|                                       | &            | Materialistic | or                                                           |
| Slashing                              | Quick        |               | Sudden aggressive intention away from a materialistic desire |
| Gliding                               | Light        |               | Slow decision to express a gentle tenderness.                |
|                                       | &            | Human         | or                                                           |
| Floating                              | Sustained    |               | Slow decision to reject a gentle tenderness.                 |
| Wringing                              | Strong       |               | Staunch intention of warm consent.                           |
|                                       | &            | Warm          | or                                                           |
| Pressing                              | Sustained    |               | Staunch intention of warm dissent.                           |
| Dabbing                               | Light        |               | Sudden part intention of intimacy.                           |
|                                       | &            | Cool          | or                                                           |
| Flicking                              | Quick        |               | Sudden part intention of estrangement.                       |

### **REMOTE** Characteristic: Solitude

| Mental<br>Factors | Inner<br>Participation | Motion<br>Factors | Inner<br>Quests | Elements        | Externalised<br>Drives | Negatives |
|-------------------|------------------------|-------------------|-----------------|-----------------|------------------------|-----------|
| THINKING          | ATTENDING              | SPACE             | WHERE           | FLEXIBLE/DIRECT | SPELL                  | ADRIFT    |
| FEELING           | ADAPTING               | FLOW              | WHY             | & FREE/BOUND    | VISION                 | IRRELATED |

#### A Weight Stressed Stable Character will have outers of Stable and Adream.

#### A Time Stressed Stable Character will have outers of Mobile and Awake.

| Subconscious Motive<br>Physical Tempo | Shadow Moves | Shorthand  | Outer Interpretations                                       |
|---------------------------------------|--------------|------------|-------------------------------------------------------------|
| Punching                              | Direct       |            | Narrowing egocentric withdrawal into an unsociable attitude |
|                                       | &            | Egocentric | or                                                          |
| Pressing                              | Bound        | _          | Narrowing egocentric rejection into an unsociable attitude  |
| Flicking                              | Flexible     |            | Embracing altruistic feeling for a sociable cordiality.     |
|                                       | &            | Altruistic | or                                                          |
| Floating                              | Free         |            | Embracing altruistic feeling against a sociable cordiality. |
| Gliding                               | Direct       |            | Developing feeling of a sociable companionship.             |
|                                       | &            | Sociable   | or                                                          |
| Dabbing                               | Free         |            | Contrasting feeling of a sociable companionship.            |
| Wringing                              | Flexible     |            | Growing reflective image of a welcome solitude.             |
|                                       | &            | Unsociable | or                                                          |
| Slashing                              | Bound        |            | Growing reflective image of an unwelcome solitude.          |

### **AWAKE** Characteristic: Awareness

| Mental<br>Factors | Inner<br>Participation | Motion<br>Factors | Inner<br>Quests | Elements          | Externalised<br>Drives | Negatives  |
|-------------------|------------------------|-------------------|-----------------|-------------------|------------------------|------------|
| THINKING          | ATTENDING              | SPACE             | WHERE           | FLEXIBLE/DIRECT & | DOING                  | ADRIFT     |
| INTUITING         | DECIDING               | TIME              | WHEN            | SUSTAINED/QUICK   | VISION                 | INDECISIVE |

A Weight Stressed Stable Character will have outers of Stable and Near.

A Flow Stressed Stable Character will have outers of Mobile and Remote.

| Subconscious<br>Motive | Shadow Moves | Shorthand | Outer Interpretations                                             |
|------------------------|--------------|-----------|-------------------------------------------------------------------|
| Physical Tempo         |              |           |                                                                   |
| Punching               | Direct       |           | Acute sudden decision in favor of an idea.                        |
|                        | &            | Acute     | or                                                                |
| Dabbing                | Quick        |           | Acute sudden decision against of an idea.                         |
| Wringing               | Flexible     |           | Slow dawning attention towards a doubting awareness.              |
|                        | &            | Doubting  | or                                                                |
| Floating               | Sustained    |           | Slow dawning attention away from a doubting awareness.            |
| Gliding                | Direct       |           | Slow dawning of a certain awareness towards an idea/problem.      |
|                        | &            | Certain   | or                                                                |
| Pressing               | Sustained    |           | Slow dawning of an uncertain awareness away from an idea/problem. |
| Flicking               | Flexible     |           | Sudden embracing image of a new idea.                             |
|                        | &            | Uncertain | or                                                                |
| Slashing               | Quick        |           | Sudden embracing image of a new problem.                          |

# ADREAM Characteristic: Unawareness

| Mental  | Inner         | Motion  | Inner  | Elements     | Externalised | Negatives |
|---------|---------------|---------|--------|--------------|--------------|-----------|
| Factors | Participation | Factors | Quests |              | Drives       |           |
| SENSING | INTENDING     | WEIGHT  | WHAT   | LIGHT/STRONG | PASSION      | HEAVY     |
| FEELING | ADAPTING      | FLOW    | WHY    | & FREE/BOUND | SPELL        | IRRELATED |

A Space Stressed Stable Character will have outers of Stable and Remote.

A Time Stressed Stable Character will have outers of Mobile and Near.

| Subconcious Motive<br>Physical Tempo | Shadow Moves | Shorthand    | Outer Interpretations                                     |
|--------------------------------------|--------------|--------------|-----------------------------------------------------------|
| Punching                             | Strong       |              | Overpowering somber awareness of a staunch resolve.       |
|                                      | &            | Somber       | <u>Or</u>                                                 |
| Pressing                             | Bound        |              | Overpowering somber unawareness of an aggressive resolve. |
| Flicking                             | Light        |              | Irradiant unfolding of a sympathetic exultation.          |
|                                      | &            | Radiant      | <u>Or</u>                                                 |
| Floating                             | Free         |              | Irradiant enfolding of a sympathetic exultation.          |
| Wringing                             | Strong       |              | Irradiant intention of casting a spell.                   |
|                                      | &            | Overpowering | <u>Or</u>                                                 |
| Slashing                             | Free         |              | Irradiant intention of being spell bound.                 |
| Dabbing                              | Light        |              | Diffused sensation of a welcome feeling.                  |
|                                      | &            | Diffused     | <u>Or</u>                                                 |
| Gliding                              | Bound        |              | Diffused sensation of an irreconcilable feeling.          |